

room, which is well furnished with every requisite that a sick-room needs to make a patient comfortable. There is an operating-room, with sterilisers, glass instrument cupboard, aseptic operating table, and electric lamps arranged to throw a light in any position. The patient is anaesthetised in an adjoining room and brought in after being rendered unconscious, so that there shall be no shock from seeing the preparations that have been made for the operation. A special nurse is attached to each patient for the whole time, and an additional one for the week following the operation. During convalescence there is a comfortable sitting-room for their use, overlooking a private park. The Matron provides extras, including drugs and stimulants, and the inclusive maximum fee charged is only seven guineas per week. Cases needing massage, residing at the home, and ordinary medical and midwifery cases are charged at a much lower rate.

Of course, if the general middle-class public refuse to take advantage of these suburban institutions with their healthy surroundings and moderate fees, then they must either meet the heavy demands of the West-End ones or throw themselves on charity and enter one of the large hospitals, which at present are mostly situated in populous and disease-ridden districts.

Yours faithfully,
A GENERAL PRACTITIONER.

Comments and Replies.

Private Nurse.—Listerine is an excellent antiseptic mouth-wash. It has an agreeable taste, and is frequently much liked by invalids. The British agents are Messrs. Maw, Son and Sons, 7, Aldersgate Street, E.C.

A Would-be Nurse.—There is at present no educational standard defined or required of probationers, and the standard enforced varies widely in different institutions. We think that every pupil-nurse should on entering a hospital or infirmary have sufficient general education to enable her to pass the Second Class College of Preceptors Examination. If you wish to study the regulations of the various training-schools, you would find the "Nursing Directory for 1902," issued under the authority of the Matrons' Council, of use to you. It is obtainable through the offices of this Journal, at 11, Adam Street, Strand, W.C., price 5s., and contains information as to the regulations of most of the leading training-schools.

Mrs. Bolton.—There is no doubt that much discredit is brought upon the reputable members of the nursing profession by women who have no right whatever to the name and responsibilities which they assume. The blame for this discreditable condition of things must be shared by the State, which has so far failed to protect the sick from incompetent attendants, by those nurses who have not come forward to take their share in the organisation of their profession, and by those persons who, from interested motives, have opposed the efforts made by public-spirited nurses to effect organisation.

Mrs. Evans.—Have you tried Hovis Bread? It is obtainable from many bakers, or from Hovis, Limited, Macclesfield.

Notices.

A HELPING HAND.

The Editor will be greatly obliged if regular subscribers who receive an additional copy of this journal will pass it on to some friend who is likely to be interested in the aims of the journal, and also if they will encourage their friends to become subscribers.

OUR PRIZE PUZZLE

Rules for competing for the Pictorial Puzzle Prize will be found on Advertisement page VIII.

The Little "Tots"

THRIVE ON THE FOOD OF THE ELDER.

The secret of the remarkable results described in the letter quoted below is that Grape-Nuts fully-cooked cereal food quickly and surely rebuilds the minute cells in the brain and nerve tissues, without which the most powerful muscles in the world are useless. It is used by adults and children alike.

Mrs. J. Page, 50, Amelia Street, Silvertown, writes:—

"I feel it to be my bounden duty to tell you of the great good that Grape-Nuts has done for our little girl, who has been delicate from birth. She was born with a double hare-lip and cleft palate, and in consequence has had to be fed with a spoon, and has never been able to eat any sort of solid food. She was often very ill during the first eighteen months, then she was vaccinated last November, and after that her flesh got softer and thinner even than before, she could not bear the weight of her body upon her legs, and of course she was very fretful, so that we have experienced great anxiety, until at the beginning of last February I commenced to give her Grape-Nuts regularly, and even after the first two or three days we began to notice an improvement, as there was less fretfulness and she slept better. At the end of three weeks we began to say how heavy she was getting, and that her flesh was beginning to get firmer. Soon after she commenced to walk by the chairs very carefully, for she has always been a very nervous child. She is now two years and a half on the 12th of next month; she can run alone, and we have to fasten the gate to keep her out of the road, and I am not dreading the next operation for her nearly as much as I did before, because I am relying on Grape-Nuts to build her up again.

"Both my husband and myself have very grateful feelings towards the proprietors of Grape-Nuts."

Grape-Nuts appeals to the frugal housekeeper, because it is a valuable food, and one that is easily and quickly served, for it comes from the factory to the house in a fully-cooked condition, and is preferably served cold with cream or milk.

The economy of its use is marked. A packet costing 7d. contains 14 portions.

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